



AMITY UNIVERSITY

RAJASTHAN

List of programs conducted on Education, Health, Information services, Reading, Community engagement, Tutorials under UBA and NSS

1. An awareness program on Various Schemes of Post Office-16 July 2021
2. Webinar on COVID Awareness: How to Stay Safe Physically and Mentally?-25th July 2021
3. Webinar on Women Empowerment- 3 August 2021
4. Lightening Safety Awareness Program-8 August 2021
5. Plantation Drive-I -13 August 2021
6. Plantation Drive -II- 9 September 2021
7. Fit India Freedom Run- 02 October 201
8. Wrong Side of the Road-29th October 2021
9. Ration and cloth distribution in Achrol Village -18th December 2021
10. National Youth Day- 12th January 2022
11. National Girl Child Day-24th January 2022
12. Mask Making and Clothes Dying Workshop at Syari Village 8 February 2022
13. Mask Making and Mask Distribution program at Kushalpura Village- 11 February 2022
14. Cyber Security Awareness Program at Bhuranpura Village - 26/02/2022
15. International Women's Day-8th March 2022
16. World Water Day Celebration-22 March 2022
17. Shaheed Diwas-23 March 2022
18. The World Health Day- 7th April 2022
19. Lecture on Performance Pressure- 24th April 2022
20. Save Bird Program- 25th April 2022
21. An Awareness and Interactive Program at BSF Camp- 27th April, 2022
22. Mental Health Awareness Program at Jaichandpura Village-28th April 2022
23. International Yoga Day -2022- 21st June 2022
24. Plantation Drive- 26 July 2022
25. Wellness and Nutrition Program- 26 September 2022
26. Plastic Free Campus: An Initiative by NSS Cell of Amity University Rajasthan-1 October 2022
27. Celebration of Gandhi and Shastri Birthday- 02/10/2022
28. Blood Donation Camp-2022-6th October 2022
29. FIT INDIA FREEDOM RUN 3.0- 17 October 2022
30. Rally for TB awareness and house-hold survey for TB- 14 November 2022
31. Community Science Program- December 2022
32. Survey in Kant and Kalwar Village- 25 March 2023
33. Sport Activities-26 March 2023
34. PPT Presentation and Best Out of Waste- 27 March 2023
35. Essay, Poster and Skit Competition- 28th March 2023
36. Yuva Samwad- 29th March 2023
37. SAVE BIRDS PROGRAM-4 May 2023

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Mahesh

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



AMITY UNIVERSITY

RAJASTHAN

An awareness program on Various Schemes of Post Office

July 16, 2021



UBA Cell of Amity University Rajasthan, Jaipur conducted an awareness program on Various Schemes of Post Office in association with Postal Department at Syari Village. Mr Deepak Mehra, Postmaster, Achrol Post Office talked about various schemes such as Sukanya Smridhi Yojna, RD, PLI, FD and other schemes. Mr Ronak Gurjar welcomed all the people from UBA and Post office. Dr. Vinod Singh Gour emphasized on the benefits of savings and motivated people to inculcate it among the children. Dr Vinod Singh Gour, Dr. Prashant Mishra, Mr. Vinod Kumar Sharma were present during the program. Dr. Manoj Kumar coordinated the program.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan,



AMITY UNIVERSITY RAJASTHAN

Webinar on COVID Awareness: How to Stay Safe Physically and Mentally?

25th July 2021

The banner features logos for the Ministry of Education, Government of India; the Central Board of Secondary Education (CBSE); the Unnat Bharat Abhiyan (UBA) logo; and the Amity University Jaipur logo. The central text reads 'UNNAT BHARAT GRAM AROGYA SERIES' in large orange letters, followed by 'A Tribute to Late. Prof. Rajendra Prasad (Founding Pillar of UBA program)'. Below this, it states 'A Virtual Learning Initiative on COVID 19' with a blue 'REGISTER NOW' button. The bottom section is divided into 'SPEAKERS' and 'MODERATOR' categories, each with a photo and name of the respective individual.

Ministry of Education
Government of India

UNNAT BHARAT ABHIYAN

AMITY UNIVERSITY
JAIPUR

UNNAT BHARAT GRAM AROGYA SERIES

A Tribute to Late. Prof. Rajendra Prasad (Founding Pillar of UBA program)

A Virtual Learning Initiative on COVID 19 [REGISTER NOW](#)

SPEAKERS

Dr. Ajeet Singh
Superintendent (RUHS) and
Senior Physician,
SMS Medical College, Jaipur

Dr. Payal Chandel
Associate Professor,
Department of Psychology,
Central University Haryana

MODERATOR

Dr. Manoj Kumar
UBA Coordinator,
Amity University Rajasthan

Organised by: Amity University Rajasthan, Jaipur & RCI, Malviya National Institute of Technology, Jaipur
For any query, contact: Dr. Manoj Kumar, UBA Coordinator, 9352759928

UBA Cell of Amity University Rajasthan, Jaipur conducted a webinar on 25th July 2021 on the objectives of उन्नत भारत ग्राम आरोग्य शृंखला. The Discussion was held on COVID-19 measures and health issues. The speakers were Dr Ajeet Singh, Medical Superintendent (RUHS) and Senior Physician, SMS Medical College, Jaipur and Dr Payal Chandel, Associate Professor, Central University Haryana.

Dr. Nitin Bhardwaj, Registrar, Amity University Rajasthan welcomed the guests and presented a detailed list of events conducted by UBA Cell of AUR. Dr. Manoj Kumar, Coordinator welcomed the guests and moderated the session. Dr. Ajeet Singh presented a detailed discussion on COVID and its prevention. Dr. Payal Chandel spoke about how one can come out from the fear of COVID. There were many questions which were handled by both the speakers. Dr. Vinod Gour proposed vote of thanks.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur


Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan,



AMITY UNIVERSITY RAJASTHAN

Webinar on Women Empowerment

3rd August 2021

उन्नत भारत के अभियान के तत्वाधान में
नारी सशक्तिकरण
के सन्दर्भ में
व्याख्यान

महिलाओं को सशक्त करना है, मानवता में नया रंग भरना है।
A Virtual Learning Initiative on **WOMEN Empowerment** [REGISTER NOW](#)

SPEAKER
Dr. Payal Chandel
Associate Professor
Department of Psychology
Central University, Haryana

MODERATOR
Dr. Manoj Kumar
UBA Coordinator
Amity University Rajasthan, Jaipur

Organised by: Amity University Rajasthan, Jaipur & RCI, Malviya National Institute of Technology, Jaipur
For any query, contact: Dr. Manoj Kumar, UBA Coordinator, 9352759928

Unnat Bharat Abhiyan Cell of Amity University Rajasthan conducted a webinar on Women Empowerment on July 3, 2021. Dr Payal Chandel, Associate Professor, Central University of Haryana delivered a lecture on the theme. The main objective of the program was to make women of rural area to make them aware about their rights and help to build the nation. For the convenience of the audience, the lecture was in local dialect. Dr. Namita Mittal, Coordinator, RCI-MNIT talked about the theme and requested all the audience to inculcate in their lives. Dr. Manoj Kumar welcomed the guests and moderated the entire event. Dr. Yogita Swami proposed vote of thanks.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U)
Amity University Rajasthan,



AMITY UNIVERSITY

RAJASTHAN

Lightening Safety Awareness Program

8th August 2021



In collaboration with India Meteorological Society, (IMS) Jaipur Chapter, Unnat Bharat Abhiyan Cell of Amity University Rajasthan organized a community awareness program on Lightning Safety on 8th August 2021 at 11.00 am in Kant village and at 12.30 am in Jaichandpura village. UBA Convenor Dr Manoj Kumar said that every year many people die due to lightning. Recently, 20 people including seven children were killed and 21 were injured in separate incidents of lightning in several parts of Rajasthan. Of these, 12 people died due to lightning on the watch tower of Amer Fort in Jaipur. Hence, this program was organized to educate the local people on the precautions to be taken before lightning as well as to take proper shelter during and after the lightning strike.

The keynote speaker of the program was Dr. Akhilesh Mishra who gave information about the related topic and various apps run by the government like Meghadoot, Rain Alarming, Damini etc. He told the farmers about the benefits of these apps. Along with this, pamphlets were also given to the people present there for protection from lightning.

Registrar Dr. Nitin Bhardwaj thanked the faculty and all the staff for organizing awareness programs in the village and appealed to the villagers to follow the instructions given under the programme. Dr. Vinod Singh Gaur, Mr. Amit Chaurasia, Mr. Vinod Sharma etc. were present in this program

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U)
Amity University Rajasthan, Jaipur

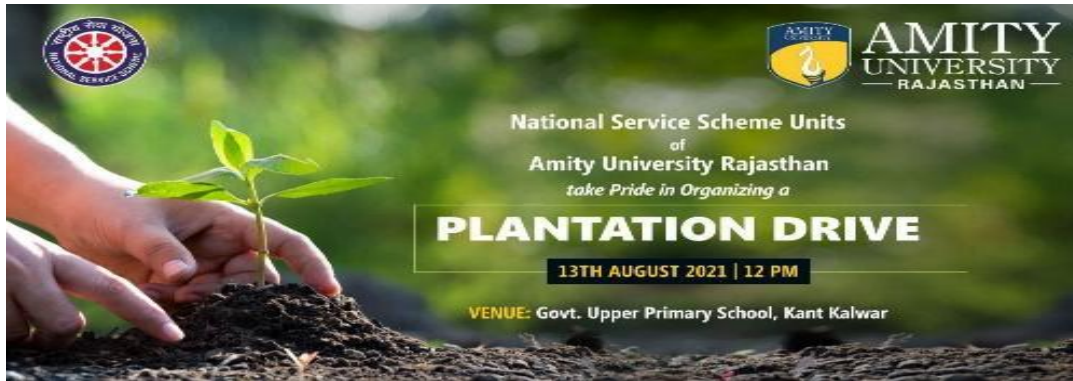


AMITY UNIVERSITY

RAJASTHAN

Plantation Drive-I

13 August 2021



A tree plantation program was organized in Kalwar Vidyalaya under the aegis of NSS units of Amity University Rajasthan, Jaipur. President Professor (Dr.) Rakesh Bhatnagar started the program by planting saplings, and he told the villagers about the importance of trees and talked about planting more and more trees. He appreciated the efforts of NSS team, Horticulture team and Admin department for the programme.

On this solemn occasion, Registrar Dr. Nitin Bhardwaj, Provost Professor (Dr.) GK Aseri, Admin Director Group Captain Ajoy Mudaliar, Admin Deputy Director Shri Vikas Chauhan, Security Department Director Col Prahlad Singh, Sarpanch of Kant Gram Panchayat Shri Hariram Meena, The headmaster of the school, Mr. Kheruram Regar planted saplings.

Shri Hariram Meena, Sarpanch of Kant Gram Panchayat appreciated the work done by Amity University and expected cooperation in future also.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



AMITY UNIVERSITY RAJASTHAN

Plantation Drive -II at Amity University Rajasthan Campus

09 September 2021



A tree plantation program was organized in Amity University Rajasthan Campus under the aegis of UBA Cell and NSS units of Amity University Rajasthan, Jaipur. Pro-President Professor (Dr.) Amit Jain started the program by planting saplings, and he stated the importance of trees and advised people to plant more and more trees. He appreciated the efforts of NSS and UBA team, Horticulture team and Admin department for the programme.

On this solemn occasion, Registrar Dr. Nitin Bhardwaj, Provost Professor (Dr.) GK Aseri, OSD Brig. (Retired) G.S. Rathore, Admin Director Group Captain Ajoy Mudaliar, Security Department Director Col Prahlad Singh, Admin Deputy Director Shri Vikas Chauhan, planted saplings.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
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Amity University Rajasthan, .



AMITY UNIVERSITY

RAJASTHAN

Fit India Freedom Run

02 October 2021



NSS Units of Amity University Rajasthan organised FIT INDIA FREEDOM RUN 2.0 to commemorate the 75th Independence Day - "Azadi Ka Amrit Mahotsav". Around 35 faculty and staff participated in Freedom Run 2.0 on campus, a total 3-kilometer run to the Kalwar Village Temple physically and others participated virtually as its concept is "it can be run from anywhere/anytime. A nationwide campaign of 'Physical/Virtual Run' has started from August 13 to October 2 to encourage fitness and help everyone get freedom from obesity, laziness, stress, anxiety, and diseases.

Prof. (Dr.) Amit Jain, Pro Vice-Chancellor, AUR motivated everyone to pursue fitness as an essential aspect of a healthy lifestyle. Dr. G.K. Aseri, Provost emphasized upon the importance of the physical, mental and emotional health in today's era, especially after COVID-19. Dr. Manoj Kumar, Coordinator, NSS thanked everyone for their presence in the program.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, Jaipur

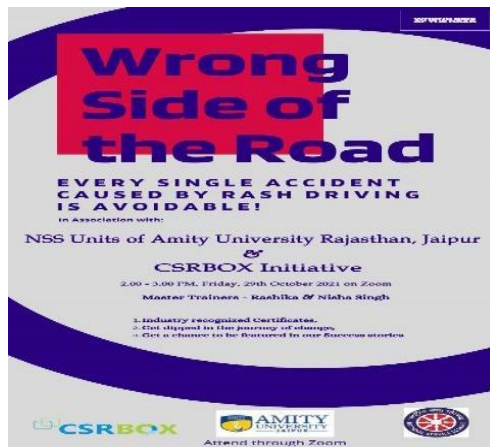


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Wrong Side of the Road- A Workshop

29th October 2021



NSS Units of Amity University Rajasthan in association with CSRBOX conducted a workshop on Traffic Awareness via virtual mode. The objective of this workshop was to sensitize participants regard driving. The chief trainer of this program, MS. Nisha cited many examples of accidents occurred due to small mistakes in people's lives. She stated that people specially from 18-45 years tend to get into accidents due to silly mistakes. NSS Volunteers raised their queries, and it was well answered by the speakers. Around 75 students participated in the event. Dr. Manoj Kumar, Coordinator, NSS welcomed the speakers and talked about the importance of the event. Dr Prashant proposed vote of thanks. This program was attended by Dr. Prashant, Mr Vinod Sharma, Mr. Rituraj Taye, Mr. Amit Chaurasia along with NSS Volunteers.

Program Coordinator
National Service Scheme (NSS)
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Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



Ration and cloth distribution in Achrol Village

18th December 2021

जरूरतमंदों को दिए राशन व कपड़े



ग्राम अचरोल में जरूरतमंदों की मदद करते हुए।

अचरोल @ पत्रिका. ग्राम अचरोल में कच्ची बस्ती के जरूरतमंद लोगों को उन्नत भारत सेल एमिटी विश्वविद्यालय जयपुर ने अनादिता फाउंडेशन के सान्निध्य में गर्म कपड़े और राशन सामग्री वितरित की। उपहार ड्राइव के तहत एनएसएस स्वयंसेवकों ने एमिटी परिसर से दानदाताओं से विभिन्न सामग्री एकत्रित की। इस अवसर पर विवि के रजिस्ट्रार डॉ. नितिन भारद्वाज ने स्वयंसेवकों के काम की सराहना की। संयोजक डॉ. मनोज कुमार ने यूनिवर्सिटी के शिक्षक, स्टाफ, छात्रों व स्वयंसेवकों को साधुवाद दिया।

छात्रों ने उत्तम निष्ठा



National Service Scheme Units and Unnat Bharat Cell of Amity University Rajasthan, Jaipur, in association with Anadita Foundation distributed warm clothes, ration items to the poor and destitute people for the people of Kachchi Basti in village Achrol. During 'Upahar Drive', the NSS volunteers collected warm clothes and other items from the donors from the Amity campus. Hon'ble PVC Professor (Dr.) Amit Jain appreciated this noble work and motivated the people of the university to come forward. Dr. Nitin Bhardwaj, Registrar of the University, who was present on the 'Uphaar Drive' day stated that these events are important for holistic development of the individual and university looks forward for the organization of such events in the coming times.

NSS and Unnat Bharat Convenor Dr Manoj Kumar thanked all the teachers, staff, students and mainly volunteers of the university.

Program Coordinator
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Amity University Rajasthan, Jaipur

Mah

Coordinator (PI)
Unnat Bharat Abhiyan (U)
Amity University Rajasthan, .

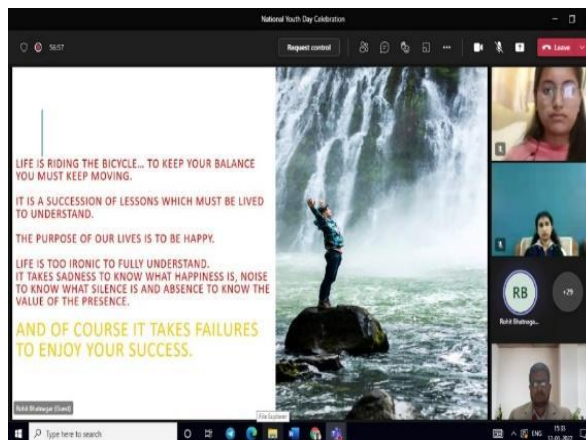


AMITY UNIVERSITY

RAJASTHAN

National Youth Day

12th January 2022



To mark the occasion of birth anniversary of Swami Vivekananda, NSS Units of Amity University Rajasthan celebrated National Youth Day on 12th January 2022. Mr. Rohit Bhatnagar delivered a guest lecture on the theme “It’s All in the Mind.” Mr Rohit Bhatnagar stated that” life is hard, and it is unfair but it is only us that can get ourselves moving. Only we can decide if we can or cannot do it. We may feel dumb and lost but if we make up our mind to achieve our goal, we can achieve anything. It is true that life is hard before it is easy and therefore, we must not give up and continue to strive for the best.”

He motivated students and faculties to be positive in life. To stand again after the failure. He helped the audience understand that Failure is just a step to the stairs of success. Dr. Manoj Kumar, NSS Coordinator thanked the speaker, students, and faculty members to attend the program. This program was attended by Mr Vinod Sharma, Mr Amit Choursia, Dr. Prashant, Mr. Ronak Parikh, Mr Mangal Singh Sisodiya, Mr. Shrimanto Majumdar, Dr Sandesh Reddy and NSS volunteers.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Manoj

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, Jaipur



AMITY UNIVERSITY RAJASTHAN

National Girl Child Day

24th January 2022

The poster features a dark brown background with a faint image of a woman's face. At the top left is the NSS logo, and at the top right is the Amity University Jaipur logo. The text is centered and reads: 'WEBINAR ON NATIONAL GIRL CHILD DAY' in large yellow letters, followed by 'Monday, January 24 2022 | 3.00 PM - 4.00 PM' in a yellow box. Below this, three columns list the speaker, convener, and student coordinators with their respective photos and titles.

NSS UNITS OF
AMITY UNIVERSITY RAJASTHAN

AMITY
UNIVERSITY
JAIPUR

WEBINAR ON
NATIONAL GIRL CHILD DAY

Monday, January 24 2022 | 3.00 PM - 4.00 PM

SPEAKER
Ms Bithika Gorai
Asst. Professor,
Indraprastha College
for Women, University of Delhi

CONVENOR
Dr Manoj Kumar
Coordinator,
NSS & UBA,
Amity University Rajasthan

STUDENT COORDINATORS
Ms Koysa Katiyar
Ms Ridhima Suri

National Service Scheme (NSS) Units of [AmityUniversityJaipur](https://www.amityuniversityjaipur.com) celebrated the National Girl Child Day on 24th January 2022 which has been initiated by the Ministry of Women and Child Development. Asst. Professor Bithika Gorai, Indraprastha College, Delhi University was the chief speaker of the program. She spoke on the importance of celebrating the event and motivated female volunteers by motivating them to realise their potential. A number of volunteers presented their work on National Girl Child Day via slogans, posters, and poems.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



AMITY UNIVERSITY

RAJASTHAN

Mask Making and Clothes Dying Workshop at Syari Village

8 February 2022



Unnat Bharat Abhiyan Cell, AUR and Amity School of Fashion Technology organized a workshop in Syari Village for masks Making and Clothes-dye. The objective of this workshop to make the people aware mask making and make them self-dependent to create masks. Dr. Sambaditya Raj, HOI, ASFT provided training to the villagers regarding clothes dye through natural ways. He used flowers, neem leaves to clothes dye. Ms. Shivani Chandra and Ms. Rajeshwari trained them how to make masks using easily available material. Ms. Akshita and Mr. Souvik Mandal also interacted with villagers regarding their questions on mask making. Dr Manoj Kumar, Coordinator, Unnat Bharat Abhiyan thanked Vice Sarpanch Shri Ronak and Sarpanch Shri Hariram Meena.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

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Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



AMITY UNIVERSITY

RAJASTHAN

Mask Making and Mask Distribution program at Kushalpura Village

11 February 2022



Unnat Bharat Abhiyan Cell, AUR and Amity School of Fashion Technology organized a workshop at Upper Primary School of Fashion Technology located at Kushal Pura Village for masks Making and free mask distribution. The objective of this workshop was to make the people aware about mask making and provide them free masks. The Pro Vice Chancellor, Prof. Amit Jain appreciated the efforts of volunteers. Registrar Dr. Nitin Bhardwaj advised to conduct more programs for the upliftment of the rural society. Dr. Sambaditya Raj, HOI, ASFT provided training to the villagers and school students regarding mask making. Ms. Akshita, Ms Pragya Paliwal and Mr. Souvik Mandal also interacted with villagers regarding their questions on mask making. Dr Manoj Kumar, Coordinator, Unnat Bharat Abhiyan proposed vote of thanks to the headmaster of the school Shri Ramnarayanji and other villagers for making this event successful.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



AMITY UNIVERSITY

RAJASTHAN

Cyber Security Awareness Program at Bhuranpura Village

26/02/2022



Amity School of Information Technology in association with Unnat Bharat Abhiyan Cell #UnnatBharatAbhiyan organized a workshop in Bhuranpura Village regarding cyber security awareness. The objective of this workshop to make the people aware online fraud and how to be safe. AIIT students performed a Nukkad Natak which educated people about how once can be safe during online transactions and fraudulent calls. Dr. Swapnesh Tatreh appreciated the efforts of the team.

Dr. Shafiq Ul Rehman stated people not to be afraid of online transaction and be vigilant. Dr Manoj Kumar, Coordinator, Unnat Bharat Abhiyan thanked villagers to participate in this program. This program was attended by Prof. Parul Mishra, Dr. Kaushal Kishore Sharma, AIIT faculty and students.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

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Amity University Rajasthan, .



AMITY UNIVERSITY

RAJASTHAN

International Women Day

8th March, 2022



NSS Units of AUR conducted various program on International Women's Day at Govt. Senior Secondary School, Bhuranpura on 8th March 2022. The programs were conducted in association with Amity School of Languages, School of Hospitality and School of Communication. The program began with welcoming of Amity Team by school administration. Dr. Manoj Kumar thanked the everyone to participate in the program. Students of ASL recited poems and delivered speech on Gender Equality. Mr. Suganchand Gurjar, Principal Senior Secondary School welcomed all the teachers and students of Amity University. ASCO students and faculty members conducted a program on Digital Literacy Awareness. Students of ASH performed a skit at school. The meritorious girls of the school were honoured by Amity University on this occasion. This program was attended by more than 35 students of Amity University and faculty members like Dr. Parul Mishra, Dr. Yashwant Rawal, Ms. Adity Anand, Dr. Ankit, Ms. Joshita etc.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

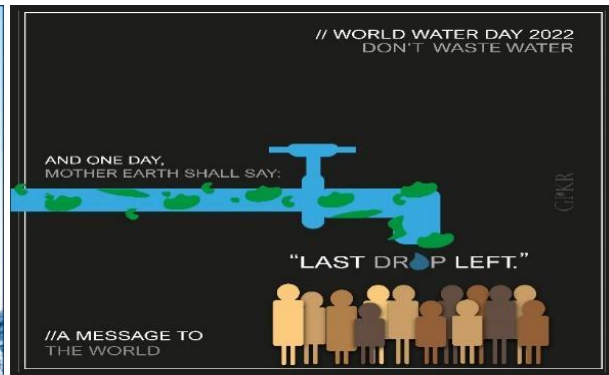
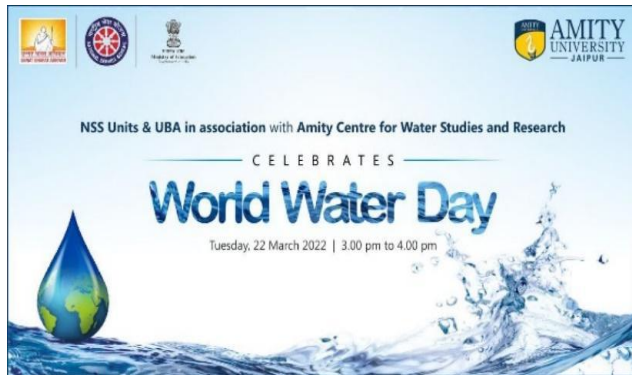

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



AMITY UNIVERSITY RAJASTHAN

World Water Day Celebration-2022

22 March 2022



NSS Units and UBA Cell in association with Amity Centre for Water Studies celebrated World Water Day on 22 March 2022 via hybrid mode. Prof Shruti Mathur, AIB, AUR and Coordinator Amity Centre for Water studies and Research delivered a lecture and her talk focused on the how groundwater resources are created by the process of rainfall and percolation of water through the soil highlighting the importance of maintenance of soil structure for proper percolation and retention of rainwater.

After the talk, participants presented posters and slogans followed by quiz competition on water day. The event was attended by more than fifty students from Amity and other universities, some villagers from adopted villages and NSS officers such as Dr. Kaushal Kishore Sharma, Mr. Vinod Sharma, Mr. Rituraj Taye and Ms. Ishani Gogoi. Dr. Manoj Kumar, Coordinator NSS & UBA thanked the speaker and the participants for their active participation in the event.

Program Coordinator
National Service Scheme (NSS)
Amity University Rajasthan, Jaipur

Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, ,

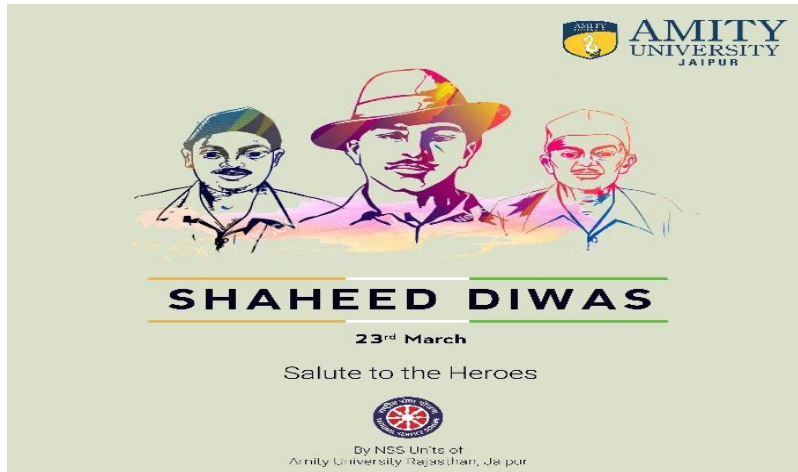


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Shaheed Diwas-2022

23-03-2022



NSS Units of Amity University Rajasthan observed Shaheed Diwas to commemorate the sacrifices made by Bhagat Singh, Shivaram Rajguru and Sukhdev Thapar for India's independence. Shaheed Diwas is celebrated on 23rd March to remember these great revolutionaries who sacrificed themselves for the country's independence. This day is widely celebrated across India to honor these men who lost their lives serving Mother India.

Mr. Vinod Sharma recited a poem on this occasion to evoke the emotion of patriotism. Dr. Kumar Sambhav Verma took the pledge with all the NSS volunteers. Dr. Manoj Kumar, Coordinator NSS thanked all the participants. The event was attended by Dr. Kaushal Kishore Sharma, Mr. Shivam Jhamb and other NSS volunteers.

Program Coordinator
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Coordinator (PI)
Unnat Bharat Abhiyan (U
Amity University Rajasthan, .



AMITY UNIVERSITY RAJASTHAN

The World Health Day

7th April 2022

The banner features the Amity University logo and the National Service Scheme (NSS) logo. The text reads: "NATIONAL SERVICE SCHEME UNITS OF AMITY UNIVERSITY RAJASTHAN CELEBRATES WORLD HEALTH DAY". It also includes the date and time: "07/04/2022 | 12:15 PM onwards".

Speaker

Dr. Amit Bhatnagar
 MD Physician, Director, Pulmonary TB & HIV/AIDS (Royal College of Physicians),
 BLS, ACLS instructor, American Heart Association, Consultant, Physician and ERD, Emergency Medicine, Maharaja Medical College, Jaipur
 Head clinical services We Love Caring

Welcome Address

Dr. Amit Jain
 Pro President / Pro Vice-Chancellor, Amity University Rajasthan.

In association with

WE LOVE CARING
 BODY, MIND & BEYOND

श्री आश्रय Welfare Society

NSS Units of Amity University Rajasthan in association with We Love Caring and Shree Aashray Welfare Society celebrated World Health Day on 7th April 2022. Pro Vice Chancellor Prof. Amit Jain delivered a welcome note and motivated audience to take care of health. The major attraction of talk was Dr. Amit Bhatnagar who delivered his lecture on *Coronary Disease and Prevention*. His talk was focused on heart problems and its remedies. Dr. Amit Bhatnagar emphasized on “Prevention is better than cure.” Mr. Aardyman Bhatnagar demonstrated an AI based health application which may help doctors and their patients to know about the latter’s health. There were many questions related to health issues. The program was attended by deans, directors and students of various departments. Dr. Manoj Kumar proposed vote of thanks. The event was coordinated by Prof. Deepali Bhatnagar and Dr. Manoj Kumar.

Program Coordinator
 National Service Scheme (NSS)
 Amity University Rajasthan, Jaipur

Manoj

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Lecture on Performance Pressure

24th April 2022



NSS Units of Amity University Rajasthan conducted a lecture on Health Awareness Talk on Performance Pressure or Stress Among Youth on 24th April, 2022. Dr. Manoj Kumar, Coordinator, NSS welcomed the doctor and team of We Love Caring. Dr. Rishika Agarwal delivered a lecture, at Amity University Rajasthan, on 'Stress Among Youth' amongst the youth. The topic was greatly personal to many students in the audience. Her delivery was gentle yet highly energetic, of a person who has genuine love and care for her work and by extension, for the students' mental wellbeing.

First, Dr. Rishika explained the meaning, causes and effects and different types of stress. She also explained the difference between at times beneficial stress, and the much severe and dangerous burnout. The issue of suicides amongst the youth was also raised, with warning signs of suicidal tendency to be noted. The problems and solutions of Internet Addiction Disorder were also discussed. Then, the doctor explained many solutions for stress, like relaxation techniques, virtues of diversions and spirituality. In the end, a questions and answers segment was held where the solutions to many problems of the audience were given. Dr. Kumar Sambhav Verma proposed vote of thanks. The program was attended by Lt. Colonel (Rtd) Muku Bhatia, Mr. Vikas Rawat and other NSS Volunteers.

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Save Bird Program

25th April 2022



As a part of the second day activity, NSS Units of Amity University Rajasthan organised a “Save Birds Program” on 25th April 2022. It started with the Director, Directorate of NSS Rajasthan, Jaipur Mr. S.P. Bhatnagar sharing his wisdom with the volunteers regarding the National Service Scheme (NSS). He motivated volunteers for participation in NSS activities and observe NSS rules and regulation. It was followed by inspirational words by PVC Professor Amit Jain for the young NSS volunteers.

Shri SP Bhatnagar, PVC Prof. Amit Jain and Dr. Nitin Bhardwaj tied the first bird feeder and poured water in it followed by other faculty members and the NSS volunteers. Many bird feeders with water were placed in the Neem Forest in the Amity Campus. Birds can find grain and insects easily to eat, but water is a rare necessity for them in such a hot weather. The event was a great success, as its goal to provide to that necessity was fulfilled. Dr Manoj Kumar, Coordinator, NSS proposed vote of thanks.

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An Awareness and Interactive Program at BSF Camp

27th April, 2022



NSS Units of Amity University Rajasthan organised an awareness and interactive program at BSF Camp, Labana for the NSS Volunteers. ASI Sandeep Yadav welcomed the volunteers and program officers at the entrance and took them around the BSF camp. When the volunteers reached the Officers' Mess, they were introduced to Deputy Commandant Govind Singh, the officer responsible for the camp. He gave a presentation on the history and achievements of BSF. This was quite meaningful interaction with volunteers. Afterwards, the volunteers were led outside where the service armaments of BSF were exhibited. The officers explained the workings of the INSAS Rifle, an Italian Beretta assault rifle and a 9mm semi automatic handgun to the volunteers. Dr Manoj Kumar, program coordinator, NSS thanked the BSF staff for hosting the visit and spending their time the volunteers. The visit concluded with a photoshoot. The program was attended by Mr. Vinod Sharma and Mr. Rituraj Taye along with 40 volunteers. BSF has done a lot for this country, and the youth should and could learn a great deal from their workings and commandments. Visits such as these serve not only as a change of scenery for the students, but also help build moral convictions of love for one's country.

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Mental Health Awareness Program at Jaichandpura Village

28th April 2022



NSS Units of Amity University conducted a mental health awareness program in association with Amity Institute of Clinical Psychology and Unnat Bharat Abhiyaan at Jaichandpura village on 28th April 2022. . The volunteers marched with banners and placards and shouted slogans through the village. The rally stopped at the Panchayat Bhavan where the villagers were informed of the problem of mental illness. The point was elaborated upon by skits organised by psychology students. Dr. Manoj Kumar thanked Deputy Sarpanch Mr. Shanker Lal Jat and other villagers for their presence in the program. Shanker Lal Jat welcomed the team of the students and faculty members of Amity University Rajasthan. Volunteers did four skits which depicted various kinds of mental issues and their treatment. People asked some questions, and they were well answered. The program was attended by Dr. Poonam Singh, Dr. Poonam Joshi and Dr. Shagufta.

Psychological health is of grave importance in human life, but the stigma that surrounds prevents people from seeking help. To raise awareness and to reduce this stigma is a noble cause that should always be supported.

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International Yoga Day -2022

21st June 2022



Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga in their life. It helps the students understand how to maintain harmony between body and mind. 8th International Yoga Day was celebrated by the NSS Volunteers, staff, and faculty members on 21st June 2022 with great enthusiasm. PVC Prof. Amit Jain, Brig. (Rtd) G.S. Rathore, Mr. S S Bhal, DSW also participated in this program. Prof. Amit Jain, Pro vice chancellor emphasized upon the importance of yoga for holistic development for human beings.

Mr Yogesh Sharma, Yoga trainer started with Sukshma Vyayama and then performed various asanas. The participants also performed with the same vigour and enthusiasm. After Yoga session, all the participants gathered in the auditorium for witnessing live telecast of Hon'ble Primer Minister's from Maysuru Palace. The function ended with a vote of thanks by Dr Manoj Kumar. The event was attended by Brig. (Rtd) G.S. Rathore, Dr. Pankaj Pandey, Dr Swapnesh Tareh, Dr. Kumar Shambhav, Mr. Rituraj Taye, Mr, Vikas Rawat, Mr. Vinod Sharma Sharma, Ms. Ishani Gogoi and other teaching and non-teaching staff.

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Plantation Drive

26 July 2022

A tree plantation program was organized in Amity University Rajasthan Campus under the aegis of NSS units of Amity University Rajasthan, Jaipur. Pro-President Professor (Dr.) Amit Jain started the program by planting saplings, and he stated the importance of trees and advised people to plant more and more trees.



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Wellness and Nutrition Program

26/09/2022

NSS Cell of Amity University Rajasthan organized a **Free Health Check-up** and a workshop on 'Wellness and Nutrition'. Mr. Nitesh Kumar, Wellness coach was the chief speaker of the event. Prof. Amit Jain emphasized upon importance of health and advised the audience to keep themselves healthy. Mr. Arvind Jain and his team conducted a free health check-up for student, faculty and staff members of AUR. for Mr Nitesh Kumar stated some sutras to keep oneself healthier which are as follows timely sleep, keeping oneself hydrated, regular health check-ups, limiting the use of mobile phones, avoiding oily and fast food. On this occasion Dr Nitin Bhardwaj, Registrar, Prof. GK Aseri, Provost, Prof. Parul Mishra were present in the program. Dr Manoj Kumar, coordinator NSS and UBA thanked the entire wellness team for conducting the program and NSS volunteers to make the event successful. Around 200 students participated in the event.



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Plastic Free Campus: An Initiative by NSS Cell of Amity University Rajasthan

1 October 2022

NSS Cell of Amity University Rajasthan conducted #CleanIndia 2.0. NSS volunteers gathered in front of B block and collected plastic and garbage in front of H-4. NSS Coordinator Dr Manoj Kumar administered the oath to the volunteers not to use plastic. The work of collecting plastic was done in the presence of Vice Sarpanch of Sayari village. The work of collecting plastic was done between October 1 and October 30. On this day, Mr Ronak Gurajar of Syari Village, Dr. Kaushal Kishore Sharma and Mr. Vinod Sharma. Around 20 volunteers participated in this event.



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Celebration of Gandhi and Shastri Birthday

02/10/2022

NSS Cell of Amity University Rajasthan organized *Sarva Dharma Prathana* to commemorate **Gandhi Jayanti** on 2 October. On this occasion, various Bhajan such as *Vaishnav Jan to Je tene Kahiye*, *De di azadi hame*, etc were recited by NSS Volunteers. Students were taught about Non-violence and other teachings of Gandhiji. Students also pay their tribute to Late Shri Lal Bahadur Shastriji. This event was attended by Prof. Parul Mishra, Dr. Kumar Sambhav, Mr. Rituraj Taye and Mr. Kapil Dangi. Dr Manoj Kumar, coordinator NSS thanked the entire team for conducting the program and NSS volunteers to make the event successful.



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Blood Donation Camp-2022

6th October 2022

A Blood Donation Camp was organized by National Service Scheme Cell of Amity University Rajasthan, Jaipur in association with HDFC Bank and Santokaba Durlabji Memorial Hospital on October 6th 2022. Medical team from SDM Blood Bank, Jaipur led by Mr. Sunil Kumar collected blood from the volunteers after ensuring their medical fitness. Dr. Manoj Kumar welcomed the medical team, blood donors and the team. Prof. Amit Jain, Hon'ble PVC appreciated the efforts of volunteers and urged everyone to come forward for this noble cause. He also empathized upon importance of donation. Dr. Nitin Bhardwaj, Registrar, AUR, Brig. (Retired) GS Rathore, Mr. S.S. Bhal, DSW, AUR visited the blood donation camp and congratulated the donors and extended their gratitude to the medical team. Their visits were motivating for the volunteers. Students, faculty members, staff and security guards of AUR donated 170 units of blood. Senior official Mr. Kalyan Singh Rathore and Mr. Ashish Rathi from HDFC were present during the camp. Blood donation by senior officials Mr. Sunil Bhargava, Mr. Pankaj Sharma, Dinesh Shekhawat, Dr. Parul Mishra was inspiring for the volunteers. Dr. Manoj Kumar and Dr. Kumar Sambhav coordinated this program. Significant contribution was made by Dr. Kaushal Kishore Sharma, Program officers NSS, Shri Vikas Chouhan, Dy Director Admin, Mr. Mahendra Singh Shekhawat, Deputy Director Security for successful organization of the camp. Photographs were covered by Mr Avinash from ASCO.



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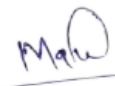
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NSS Units of Amity University Rajasthan Celebrates FIT INDIA FREEDOM RUN 3.0

17 October 2022

NSS Units of Amity University Rajasthan organised FIT INDIA FREEDOM RUN 3.0 to commemorate the 75th Independence Day - "Azadi Ka Amrit Mahotsav". Around 35 NSS volunteers and program officers participated in Freedom Run 3.0 on campus, a total 3-kilometer run to the Kalwar Village Temple. A nationwide campaign of 'Physical Run' has started from 1 October to 31 October to encourage fitness and help everyone get freedom from obesity, laziness, stress, anxiety, and diseases. Volunteers were asked to inculcate 30 minutes of physical fitness in any form, celebrate achievements of an active lifestyle and make a resolve to remain fit on the grand occasion of India's 75th Independence year completion i.e. "Azadi ke 75 saal, fitness rahe bemisaal". Prof. (Dr.) GK Aseri, Dean Academic AUR motivated everyone to pursue fitness as an essential aspect of a healthy lifestyle. Dr. Nitin Bhardwaj, Registrar, AUR emphasized upon the importance of the physical, mental and emotional health in today's era and eat food as per season. Dr. Manoj Kumar, Coordinator, NSS thanked everyone for their presence in the program. Dr. Kumar Sambahv, NSS Program Officer and Mr. Vinod Sharma, NSS Program Officer were also present.



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Report

Rally for TB awareness and house-hold survey for TB

14 November 2022

Amity School of Languages, Unnat Bharat Abhiyan Cell Amity University Rajasthan Jaipur organized a “Rally for TB awareness and house-hold survey for TB on **14 November 2022** in Jaichandpura village. 40 students participated in this event.

The event started with a welcome note by Dr. Manoj Kumar, Coordinator, UBA & NSS. He explained the students about the TB disease, its spread and how education institutes and informed citizens can help in TB eradication program of Govt of Rajasthan as well as Govt of India.

Dr. Nitin Bhardwaj, Registrar, AUR and Prof. Dipa Chakrabarti flagged off the rally. The students raised slogans of TB awareness loudly carrying banners in their hand. The slogans included “TB Ko Na Kahe, Jeevan Ko Ha kahe; Jan Jan ka ho ek hi narra, TB mukt ho dushman hamara”. After rally the students went for house-hold survey (The survey form was provided by the Rajasthan State Govt. One hundred ninety families were surveyed. Then students were provided refreshment. The program was accompanied by Prof. Parul Mishra, ASL, Dr. Aditi Dev, Asst. Professor, ASL and Dr. K.K Sharma, Asst. Prof, ASL. These faculty members coordinated the rally and helped in maintaining discipline. Mr. Vivek Kumar Jain (ASTIF) supported in managing stationery and refreshment for the volunteers.

This event is part of SSR activity of DST-PURSE project. The activity was funded by the budget of PURSE program.



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Community Science Program

24 December 2022

UBA in association with Earthwatch India, Ericson and India Metrological Society conducted Community Science Program at Chandwaji School and Govt. Senior Secondary School, Bhuranpura. Through this program, students were motivated to become Science Citizen. It also emphasized upon Air Pollution and its consequences and how it can be avoided. Expert from Earth Watch India, Mr. Mahesh Kumar said that Community science programs addresses the important issue of air quality and try to bridge the gap between science and society for Promotes Social Responsibility

वायु गुणवत्ता सुधार विषय पर कार्यक्रम आयोजित



मानपुरा माचेडी चंदवाजी कस्बे के श्री श्याम विद्यापीठ सीनियर सेकेंडरी स्कूल में शनिवार को एमिटी यूनिवर्सिटी राजस्थान, अर्थवाच इंडिया, एरिक्सन एवं उन्नत भारत अभियान के सहयोग से वायु गुणवत्ता सुधार कार्यक्रम का आयोजन किया गया। कार्यक्रम की शुरुवात विद्यालय के निदेशक बी एस यादव के स्वागत उद्बोधन से हुई। प्रधानाचार्य कैलाश चंद जाट ने बच्चों को विज्ञान के प्रति रूचि बढ़ाने पर जोर दिया तथा विज्ञान प्रश्नोत्तरी के द्वारा कक्षा 8 से कक्षा 10 के विद्यार्थियों का चयन इस कार्यशाला के लिए किया गया। प्रोफेसर पी.वी.एस. राजू द्वारा वायु गुणवत्ता इन्डेक्स एवं मौसम का पूर्वानुमान के बारे में बताया गया तथा कार्यशाला के माध्यम से सिटीजन वैज्ञानिक बनने के लिये विद्यार्थियों को प्रोत्साहित किया। डॉ शत्रुघन सिंह, अर्थ वाच इंडिया के एक्सपर्ट महेश कुमार ने बताया की सामुदायिक विज्ञान कार्यक्रम वायु गुणवत्ता जैसे महत्त्वपूर्ण मुद्दे को के लिये विज्ञान और समाज के बीच की खाई को पाटकर वैज्ञानिक सामाजिक उत्तरदायित्व को बढ़ाता है। डॉ. मनोज कुमार, उन्नत भारत संयोजक ने अर्थवाच इंडिया एवं श्याम विद्यापीठ स्कूल प्रशासन को धन्यवाद दिया। कार्यक्रम में डॉ. गुलशन, श्रीमती चैतन्या और मोहम्मद मुसिफ ने भी अपने विचार रखे।

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Survey in Kant and Kalwar Village

25 March 2023

NSS Units of AUR conducted survey on the current status of youth who are neither in formal education nor in a job as per the directives of Govt of India. NSS Volunteers along with Program officers reached Kant village and completed door to door survey. The main objective of the survey was to understand the challenges and issues faced by this section of youth. After 2 hours, volunteers reached to Kalwar village for survey. Volunteers identified 78 youth who qualified in the mentioned category. The event was coordinated by Mr. Vinod Sharma, Program officer and two student volunteers namely Mr. Harsh Mahajan and Mr. Pratyush Singh. Dr. Manoj Kumar, Program Coordinator and Mr. Rituraj Taye were present during the event.



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Sport Activities

The sports day of NSS special camp of Amity University (Jaipur) was held on 26th March 2023 at the behind of D Block. The purpose of the event was to promote physical fitness, sportsmanship, and teamwork among NSS volunteers. In the morning, students gathered for Prabhat Pheri in which sang song and had a round inside the university. Later, they gathered for musical chair, sitoliya and tug of war. Volunteers participated, and the atmosphere was electric with excitement All volunteers were divided into two parts with 10-12 members in each team . At first there was a competition of musical chair. Four members were qualified from each team for next round. In second game we all played tug of war. Boys and girls were combined in teams. After that there was competition between two groups of boys. After it there was competition between Girls which are also divided into two parts. Around 40 volunteers participated in the event. The event was coordinated by Mr. Rituraj Taye.



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PPT Presentation and Best Out of Waste

27 March 2023

The event included PPT presentation and Best Out of Waste. The two judges Mrs. Deepshikha Rathore and Mr. Amit Choaurasiya witnessed the ppt presentation. The team one presented on Team on 'India in the 21st century'. Their presentation included topics like introduction, GST, digitalization, the Jan Dhan Yojana, and many more. Each member of the team has their own topics to present. Similarly, team 2 presented on the Kashmir paradise of India, team 3 presented on Padharo mharo desh (Rajasthan), team 4 presented on the heaven of India, team 5 presented on the beauty and culture of the Northeast, team 6 presented on the south of India, and the 7th team presented on the topic Dharti Dhoran Di.

Each team presented in the given time in an effective manner. The team was able to collaborate effectively and leverage the strengths of each individual. Their command of the topic and way of delivering it were nice. Everyone appreciated their efforts and preparation that went into creating such a well-structured and informative presentation.

After that the Tableau started in seminar hall. There were judges and six teams. Each team created their own object or model. They used waste materials like newspaper, plastic bottles, cardboards, threads, and many more. Participants were given a fixed amount of time to complete their project. One by one each team presented their models in front of judges and judges awarded marks. Each model was unique in their way which can be used for decorative purpose.

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Essay, Poster and Skit Competition

28th March 2023

On the afternoon of March 28, 2023, two competitions were held at the seminar hall. The topic for the competition was distributed, and it was decided that the competition would be on essay writing and poster making. The topic for essay writing is “G20 India or India since Independence” and for poster making it is “Unity in diversity, Patriotism and Social skill. The competition began at 2.40 pm, and the time limit was set for 40 minutes. There were six teams, and each team had one member participating in the essay writing competition and one member in the poster making competition. Each members give their best and completed their work with full efforts. Their hard work and commitment have made this event a success. The competition ended at 3.20 pm. and the organizers collected the entries of all the teams.

Then the skit competition was started at 3.25 pm, with three judges namely Dr. Parul Mishra, and Dr. Kaushal Kishore Sharma. Three teams participated in the competition. Competition was started with the team 2 with the topic of Importance of the education and present the skit. Then team 1 present the skit on topic Domestic violence and team 3 on Importance of parent child relation. Each team presented in the given time in an effective manner. The team was able to collaborate effectively and leverage the strengths of each individual. Everyone appreciated their efforts and preparation that went into creating such a well-structured and informative skit.



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Yuva Samwad

29th March 2023

Yuva Samwad was organized on 29th March 2023. The organisers welcomed them and provided a brief overview of the event. The rules and regulations of the event were then described to all the participants. The Yuva Samwad involved six teams competing against each other. Each team was given a topic to prepare for (India in 2047). The teams were given a specific amount of time to present their ideas to the judges and the audience, i.e., 8 minutes. There were three judges present at the event namely Dr. Kaushal Kishore, Prof. Parul Mishra, and Dr. Neharshi Srivastava. They were introduced to the participants and given a brief overview of their roles. The judges were responsible for evaluating the presentations and choosing a winner.

The event proceeded smoothly, with each team presenting their ideas one by one. The participants displayed excellent communication skills and demonstrated their knowledge on their respective topics. The judges carefully evaluated each presentation. Overall, the Yuva Samwad event was a success.



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SAVE BIRDS PROGRAM

4 May 2023

NSS Cell of Amity University Rajasthan organized Save Birds Program on 4th March 2023 at Neem Forest, AUR. More than 15 volunteers gathered for the noble cause. Members and faculty put water and food to the birds. They also take pledge to take care of their nest, if its broken or needs repairing. NSS Program Officer Dr. Vinod Kumar Sharma delivered a speech on how to save birds, and environmental sustainability with us. It took an hour to do so. All members did their job efficiently and effectively.



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